



## Athlete of the Week

November 8, 2009

Lindsey Bryan of North Iredell High School



Lindsey is a senior at North Iredell High School, where she has been extremely successful for four years as a cross country runner. She also plays basketball and track. In four years, Lindsey had been chosen as All-Conference, All-county, has been MVP, captain of her squad for cross country. She has also won the Raider Award twice for basketball and was a regional qualifier in track. Recently Lindsey finished 5<sup>th</sup> in the Cross Country conference Championships. At that race, she was the first Iredell County 3A athlete to finish with a time of 21:31.

Lindsey has an impressive future ahead of her with looks from University of South Carolina, Western Carolina University, Pfeiffer University and also accepted at East Carolina University into the honors program. Lindsey has clearly shown her potential to those around her. She has learned determination, patience, teamwork, and discipline. Lindsey is excited to attend college and remain active on her campus while pursuing a career in nursing.