

Athlete of the Week Application

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Name: _____ Email Address: _____

Age: _____ Birthday: _____ T-Shirt Size: S M L XL

Grade: _____ School: _____

Address: _____

Phone Number: _____ Teams: _____

Sport (s) Played: _____

Positions: _____

1. Describe your athletic accomplishments. (Examples: awards, championships, stats etc.)

2. What lessons have you learned, or qualities you have developed while playing sports?

3. Describe your goals and future plans for the next 5 years.

4. What do you believe is the most challenging part of being a high school student athlete?